

Flint/Crim To Receive Major National Award (Walkers Thrive in Flint)

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Here's one list the city of Flint can top in a positive way. In its spring issue, Walk! Magazine has named Flint the "2007 Best City for Walkers" in the nation!! The same honor for "2007 Most Walker Friendly Event" has been awarded to the Crim Fitness Foundation for the annual Festival of Races and Crim Training Program.

The honors will be awarded by Cindi Leeman, editor of Walk! Magazine at a press conference downtown Flint on Tuesday, April 17 th at 10:30 a.m. The event will take place at the University of Michigan-Flint Pavilion at the corner of Saginaw and Kearsley Streets by the familiar clock tower, gathering spot for Crim Tuesday night running and walking groups.

Announcing the award in its Spring, 2007 issue, Walk! Magazine proclaimed "...it is evident that the walkers in this area feel strongly about their city and their races." Walk! Magazine readers voted for the awards and selected their own criteria, taking many things into consideration including walker friendly running clubs, available walking and hiking trails, walker friendly events, and helpful local walking shoe stores.

The selection committee took all of those things into consideration as well as the number of nominations each city received, resulting in Flint and the Crim coming in number one in both categories.

A Crim Training Program group leader initiated a call out to group members to take part in the voting. According to Molly Shor, Crim Program Director, the response is indicative of the support and loyalty of Training Program members to this popular program. "Our participants are very loyal to the program and they know it's a proven successful way to achieve personal fitness goals and become a part of an important community event!"

